

<b>Week 3</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Break</b>	Pizza topped with Ham , Cheese and Tomato	Bacon Filled French Bread Roll	Mini Naan Pizza topped with BBQ or Tomato sauces and Cheese	Pan au Raisin	Home Baked Cheesy Baguettes
<b>Main course</b>	Mexican Beef filled Taccos served with shreaded lettuce, peppers, salsa and guacamole.	Chicken Tika Marsala served with Vegetable Rice and Poppadam.	Sausages served with Yorkshire Pudding, new potatoes, diced swede and green beans	Sweet and Sour Pork served with rice and prawn crackers	Traditional British Oven Baked Fish and Chips served with baked beans or sweetcorn
<b>Veggie</b>	Mexican Vegetable filled Taccos served with shreaded lettuce, peppers, salsa and guacamole.	Chickpea and Pepper Curry served with Vegetable Rice and Poppadam	Veggie Sausages served with Yorkshire Pudding, new potatoes, diced swede and green beans	Sweet and Sour Quorn served with rice and prawn crackers	Spicy Tomato and Mixed Pepper Penne Pasta Bake served with baked beans, sweetcorn and chips.
<b>Pasta</b>	Homemade Tomato sauce topped with Grated Cheese or Tomato and Roasted Vegetables	Homemade Ham and Cheese sauce or Mushroom sauce	Bolognaise sauce or Three Cheese sauce	Cheese and Red Onion or Tomato and Mushroom	No Pasta bar
<b>Panini</b>	Ham and Cheese or Cheese and Tomato	Turkey, Stuffing and Cranberry or Quorn Tandoori	Chicken and Pesto or Brie and Mushroom	Meatball in Tomato sauce or Mozzarella and Pesto	Mediterranean Roasted Vegetables and Pesto or Tuna and Red Onion
<b>Jacket Potato</b>	Tuna and Mayo or Cheese and Onion	Coleslaw or Baked Beans topped with Grated Cheese	Beef Bolognaise or Baked Beans	Ham and Cheese or Baked Beans	Tuna and Mayo or Baked Beans
	Fresh salad bar, fresh cut and whole fruit, sandwiches and wraps and filled rolls , fruit juice and waters available every day	Fresh salad bar, fresh cut and whole fruit, sandwiches and wraps and filled rolls , fruit juice and waters available every day	Fresh salad bar, fresh cut and whole fruit, sandwiches and wraps and filled rolls , fruit juice and waters available every day	Fresh salad bar, fresh cut and whole fruit, sandwiches and wraps and filled rolls , fruit juice and waters available every day	Fresh salad bar, fresh cut and whole fruit, sandwiches and wraps and filled rolls , fruit juice and waters available every day