

# St Bernard's Catholic Grammar School

## Menu 2021

| MENU - Week 1        | Monday                                                                                                   | Tuesday                                                                                                                    | Wednesday                                                                   | Thursday                                                                                         | Friday                                                              |
|----------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| <b>Break</b>         | Croissants, Pain au Raisin or Cheesy Nachos with Salsa                                                   | Bacon filled French Bread Rolls                                                                                            | Sausage in a Hotdog Roll                                                    | Pizza topped with Pineapple, Mushroom or Cheese                                                  | Tomato and Cheese Pasta Pots                                        |
| <b>Main Course</b>   | Mexican Chilli served with Rice, Mixed Salad and Nachos                                                  | Homemade Shepherd's Pie topped with sliced Potato served with roast Parsnips and sliced Carrots                            | Indian Turkey Korma served with Vegetable Rice and Poppadum                 | Pork Sausages served with Chipped Potatoes, Baked Beans or Sweetcorn                             | Homemade Fish Pie served with Garden Peas or Bean Medley            |
| <b>Vegetarian</b>    | Mexican Chilli Veggie Mince served with Rice, Mixed Salad and Nachos                                     | Veggie mince Shepherd's pie with Roasted Vegetables topped with Sliced Potato served with Roast Parsnip and Sliced Carrots | Spinach, Potato and Chick Pea Korma served with Vegetable Rice and Poppadum | Veggie Burger topped with Cheese in a Bun served with chipped Potatoes, Baked Beans or Sweetcorn | Mac and Cheese served with Garlic Bread, Garden Peas or Bean Medley |
| <b>Pasta</b>         | Homemade Spicy Tomato Sauce topped with Grated Cheese or Tomato, Pesto and Chicken                       | Homemade Cheese and Ham Sauce or Cheese and Mushroom Sauce                                                                 | Bolognese sauce or Cheese sauce                                             | No Pasta                                                                                         | Tomato and Mushroom Sauce or Cheese and Onion sauce                 |
| <b>Panini</b>        | Cheese and Ham or Cheese and Salsa                                                                       | Turkey, Cranberry and Stuffing or Quorn Tandoori and Yoghurt and Mint Dressing                                             | Chicken and Pesto or Cheese and Pesto                                       | Bacon and Cheese or Tuna Melt                                                                    | Fish Fingers and Mayo or Cheese and Baked Beans                     |
| <b>Jacket Potato</b> | Cheese and Ham or Cheese and Salsa                                                                       | Cheese and Chilli Beef                                                                                                     | Cheese and Beans                                                            | Cheese and Ham                                                                                   | Cheese and Sweetcorn                                                |
| <b>Daily Options</b> | Fresh cut and whole fruit, sandwiches, wraps and filled rolls.<br>Fruit juice, water and various drinks. |                                                                                                                            |                                                                             |                                                                                                  |                                                                     |